

miami skin + vein

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Post Procedure Instructions

For Chemical Peel

- The morning after your chemical peel, wash your face with a gentle cleanser.
- After you wash your face, apply an antioxidant, moisturizer, and an SPF 30+ broad spectrum physical sunscreen. Physical sunscreen is less irritating than a chemical sunscreen post procedure. Everyone's skin is different. You can start your normal skincare regimen once your skin has completely healed.
- Avoid sun exposure (beach, pool, boat, outdoor sports) for 4-6 weeks after the procedure. If you need to go out in the sun, apply sunscreen, reapply it every 2 hours, and use other protection such as a hat.
- Makeup can be applied the morning after the procedure.
- The skin may flake depending on the type of chemical peel used. Do not pick or scratch your skin. Let the flaking skin fall off on its own. Moisturizer can be used to make the flaking skin less visible.
- If you have questions or concerns after the procedure, text us at (786) 460-3496 or call our office at (786) 618-5039.