

miami skin + vein

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Post Procedure Instructions

For VBeam

- The treated area may be slightly red with mild soreness like a sunburn for the first few hours to two days after treatment. If a large area of the face was treated, you may experience swelling, especially under the eyes. If swelling occurs, keep your head elevated throughout the day and prop it up using several pillows at night. Over the counter Benadryl, Zyrtec, Claritin, Allegra at night may help with the swelling.
- Avoid sun exposure (beach, pool, boat, outdoor sports) for 4-6 weeks after the procedure. If you need to go out in the sun, please apply sunscreen, reapply it every 2 hours, and use other protection such as a hat.
- Cleanse the treated area gently using a gentle cleanser. Do not pick or rub the treated areas even if a scab forms (which is rare). Call our office if any scabs or wounds occur.
- If a scab forms, please Aquaphor to the area 3-4 times per day until the skin has healed.
- Please shower using lukewarm water, not hot water, for the first 3 days after treatment.
- Avoid strenuous exercise for 3 days after treatment.
- Avoid excessive heat to the skin such as with a hot shower, whirlpool, steam room use. Avoid for 3 days following treatment. Showering with lukewarm water is okay.
- Makeup can be applied immediately after the treatment.
- If you have questions or concerns after the procedure, text us at (786) 460-3496 or call our office at (786) 618-5039.