

Post Procedure Instructions

For VBeam Perfecta

- The treated area maybe slightly red with mild soreness like a sunburn for the first few hours to two days after treatment. If a large area of the face was treated, you may experience swelling, especially under the eyes. If swelling occurs, keep your head elevated throughout the day and prop it up using several pillows at night. Over the counter Benadryl, Zyrtec, Claritin, Allegra at night may help with the swelling.
- Avoid exposure to the sun after treatment. Apply an SPF 30+ sunscreen prior to sun exposure and reapply every 2 hours.
- Cleanse the treated area gently using a gentle cleanser. Do not, under any circumstances, pick or rub the treated areas even if a scab forms (which is rare). Call our office if any scabs or wounds occur.
- If a scab forms, please apply Healing Ointment by CeraVe or Aquaphor to the area 3-4 times per day until the skin has healed.
- Please shower using lukewarm water, not hot water, for the first 3 days after treatment.
- Avoid strenuous exercise for 3 days after treatment.
- Makeup can be applied immediately after the treatment.
- If you have questions or concerns after the procedure, text us at **(786) 460-3496** or call our office.